

THE SUNSET OBSERVER



In this issue...

Fun in the Sun! - 3

May Memories - 4 & 5

Cardinals & Angels



Dana Ketterman was born Dana Hake in Concordia, Kansas. She had two brothers and two sisters, including a sister that had Down syndrome. Dana and her siblings went to Garfield Elementary School.

Dana's first job was with Walkers Café on Main Street. At one point, she was inspired to be a missionary, but then she fell in love.

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After Dana was married she had three boys. When her boys were young, Dana provided childcare to other children. “I loved it, and I wished I had a bigger place to expand.” She loves the uninhibited joy children bring. At one point, Dana wanted to have her own miniature horse farm for children with special needs.

Dana and her boys enjoyed going to concerts in the park and movies at the Brown Grand Theatre.

“Now, I have grandchildren that mean the world to me,” says Dana. One of her granddaughters passed away at age ten. “It was an experience that taught you a lot. She was a beautiful little girl, just like all of my granddaughters and grandsons.”

Dana attributes living as long as she has because of her grandchildren. “I want to still be alive to see them all get married and have my first great-grandbaby,” she says.

When Dana injured her back, her grandchildren were a little older, for which Dana is grateful. “They seemed to understand that Grandma wouldn’t be the way she used to be,” says Dana. Dana also tried to make it easier for them by keeping a cheerful attitude and taking them for rides in her wheelchair.

Dana loves to remember the holidays with her family. “We’d get together, especially on holidays. We’d have family meals and barbecue. The boys are great cooks.”



Dana and her good friend Lynn, a med aide at Sunset Home.

“I remember one time on July 4, my oldest son says, ‘Mom, you know what we ought to do? Instead of coming inside, we ought to pitch up tents in the backyard.’ And I said, ‘Are you serious?’ He says, ‘Yes’, and I said, ‘Well, let’s give it a try.’”
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"The grandchildren thought that was special because they got a little tent all to themselves. And that was really an experience. I loved it!"

Before Dana chose assisted living, her brother found her unconscious in her home. Dana had fallen and slipped into a coma. Her family was called because the medical team did not think she would make it through the night. Dana was in a coma for five days, but before she woke up, she saw an angel. "It was a beautiful, bright being with silk-like wings. I heard a voice say, 'We're not ready for you yet, my child.'" Shortly after, Dana woke up healthy. When life troubles her, Dana recalls this encounter as well as many other fond memories.

Dana also collects cardinals and keeps them around her as a reminder of those precious visitors from heaven.

Dana's definition of a life well lived is simple: Happiness. "You've got to have the determination and the good memories," she adds. Dana serves God and tries to get along with people, no matter what. Her mother taught her to treat others as you would want them to treat you.

"I'm very, very happy here," she says. "I haven't had this much attention for a long time."

Happening in June

Tuesdays - 1:30 pm

Dominoes



June 15 - 9:30 am

Fun at the Splash Pad

Wednesdays - 2:00 pm

Fun in the Sun

June 22 - 10:00 am

Watermelon Feed

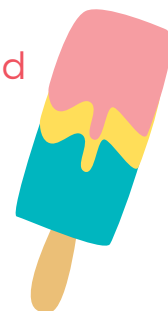
June 6 - 1:30 pm

Baking Applesauce Cake



June 27 - 9:30 am

Summer Suncatcher Craft

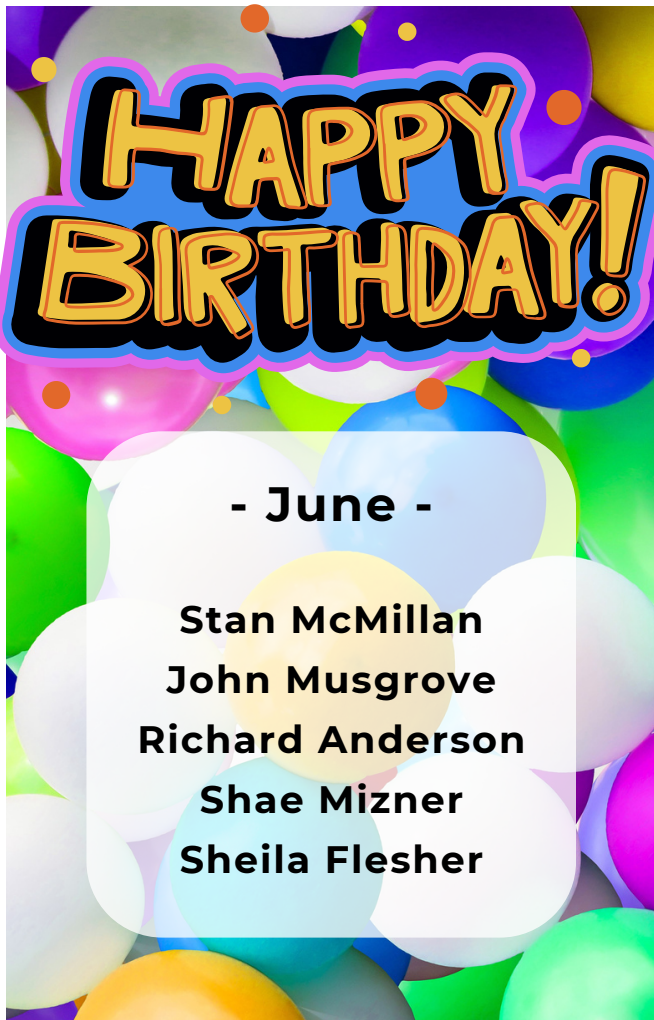


June 13 - 9:30 am

Patriotic Tin Can Craft

June 29 - 2:30 pm

Trip to the Exotic Pet Store



**Sunset Home's
Employee
of the Month**

Leann Fowles
Med Aide

Leann is there for residents and takes time to connect with them. She gives pedicures, takes residents outside, and shows care for their concerns. Leann's flexible spirit makes her a great asset to Sunset Home!

Marvelous May...

Sunset Home celebrated Nursing Home Week by "Cultivating Kindness through the Decades". Both staff and residents had fun with the themes and special activities.



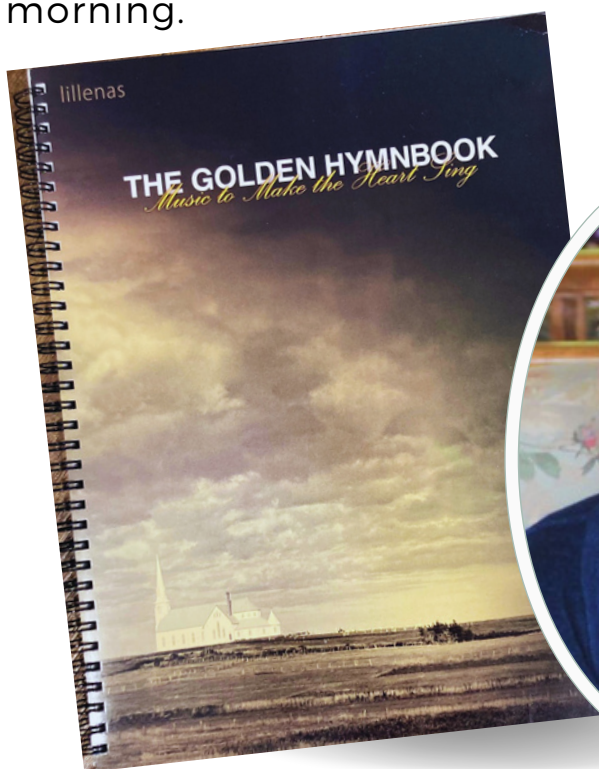
Marvelous May, continued...



Memorial Gift

The family of the late Robert St. Pierre has presented Sunset Home with 20 new hymnals. The books will be used by residents during the Christian service held every Wednesday morning.

Robert's wife, Dolores St. Pierre, coordinated the gift. Dolores and Robert were long-time members of the Methodist churches in Concordia and Clyde, appreciating fellowship and service among other believers.



Worship services are one of the most popular activities at Sunset Home.

There were not enough of the current hymnals and they were wearing out. Sunset Home is grateful to be a recipient of the hymnals in remembrance of Robert.

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Locally owned and operated since 1905.

JUNE 2023

WHO LOVES MAIL?!?!

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